

Arising to Serve



Service is the rent we pay to be living. It is the very purpose of life and not something you do in your spare time.

Marian Wright Edelman (born 1939)
American activist for the rights of children

Only a life lived for others is a life worthwhile.

Albert Einstein (1879-1955)
German born theoretical physicist

The first duty of a human being is to assume the right functional relationship to society -- more briefly, to find your real job and do it.

Charlotte Perkins Gilman (1860-1935)
American writer and social reformist

How wonderful it is that nobody need wait a single moment before starting to improve the world.

Anne Frank (1929-1945)

subject of the book 'Diary of Anne Frank'

We cannot live for ourselves alone. Our lives are connected by a thousand invisible threads, and along these sympathetic fibers, our actions run as causes and return to us as results.

Herman Melville (1819-1891)

American novelist and poet

Happiness cannot come from without. It must come from within. It is not what we see and touch or that which others do for us which makes us happy; it is that which we think and feel and do, first for the other fellow and then for ourselves.

Helen Keller (1880-1968)

American author and activist, both deaf and blind

If we do not lay out ourselves in the service of mankind, whom should we serve?

John Adams (1735-1826)

American 2nd US President from 1797-1801

He who wishes to secure the good of others, has already secured his own.

Confucius (551BCE - 479BCE)

Chinese philosopher

Nobody made a greater mistake than he who did nothing because he could do only a little.

Edmund Burke (1729-1797)

Irish statesman, author, orator, philosopher

Perhaps the greatest social service that can be rendered by anybody to this country and to mankind is to bring up a family.

George Bernard Shaw: (1856-1950)

Irish dramatist, writer and critic

Those who bring sunshine into the lives of others, cannot keep it from themselves.

James M. Barrie (1860-1937)

Scottish novelist and dramatist

Ask not what your country can do for you, but what you can do for your country.

John F. Kennedy (1917-1963)

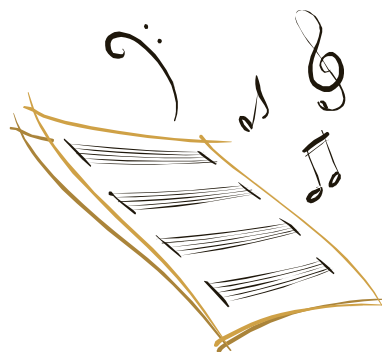
35th President of the U.S.A.

Everybody can be great... because anybody can serve. You don't have to have a college degree to serve. You don't have to make your subject and verb agree to serve. You only need a heart full of grace. A soul generated by love.

Martin Luther King, Jr (1929-1968)

Nobel Peace Prize Laureate

-Musical Interlude-



First, have a definite, clear practical ideal; a goal, an objective. Second, have the necessary means to achieve your ends; wisdom, money, materials, and methods. Third, adjust all your means to that end.

Aristotle (384BC – 322BC)

Greek philosopher

We must not, in trying to think about how we can make a big difference, ignore the small daily differences we can make which, over time, add up to big differences that we often cannot foresee.

Marian Wright Edelman (born 1939)

American activist for the rights of children

Kindness in words creates confidence.

Kindness in thinking creates profundity.

Kindness in giving creates love.

Lao-Tse (circa 6th century BC)

Philosopher of ancient China

The best way to find yourself is to lose yourself in the service of others.

Mahatma Gandhi (1869-1948)

Political and spiritual leader of India

If things are not going well with you, begin your effort at correcting the situation by carefully examining the service you are rendering, and especially the spirit in which you are rendering it.

Roger Babson (1875-1967)

American business forecaster and author,

A man who does great good, and talks not of it, is on the way to perfection. The man who has accomplished a small good and magnifies it in his speech is worth very little.

Abdu'l-Bahá (1844-1921)

Appointed successor and head of the Baha'i Faith

Hands that help are holier than lips that pray

Sai Baba (circa 1838-1918)

Indian Spiritual Master

Anticipate charity by preventing poverty; assist the reduced fellow man, either by a considerable gift or a sum of money or by teaching him a trade or by putting him in the way of business so that he may earn an honest livelihood and not be forced to the dreadful alternative of holding out his hand for charity. This is the highest step and summit of charity's golden ladder.

Maimonides (circa 1135-1204)

Jewish rabbi, physician, philosopher

It is one of the most beautiful compensations of life that no man can sincerely try to help another without helping himself.

Ralph Waldo Emerson (1803-1882)

American author, philosopher, poet

There is no higher religion than human service. To work for the common good is the greatest creed.

Thomas Woodrow Wilson (1856-1924)

28th President of the U.S.A.

You have good intentions; your purpose is the good pleasure of God; you desire to serve in the Kingdom of the Merciful One. Therefore, arise in the utmost power. Be in perfect unity. Never become angry with one another. Let your eyes be directed toward the kingdom of truth and not toward the world of creation. Love the creatures for the sake of God and not for themselves. You will never become angry or impatient if you love them for the sake of God. Humanity is not perfect. There are imperfections in every human being, and you will always become unhappy if you look toward the people themselves. But if you look toward God, you will love them and be kind to them, for the world of God is the world of perfection and complete mercy. Therefore, do not look at the shortcomings of anybody; see with the sight of forgiveness. The imperfect eye beholds imperfections. The eye that covers faults looks toward the Creator of souls. He created them, trains and provides for them, endows them with capacity and life, sight and hearing; therefore, they are the signs of His grandeur. You must love and be kind to everybody, care for the poor, protect the weak, heal the sick, teach and educate the ignorant.

Abdu'l-Bahá (1844-1921)

Appointed successor and head of the Baha'i Faith

If I have been of service, if I have glimpsed more of the nature and essence of ultimate good, if I am inspired to reach wider horizons of thought and action, if I am at peace with myself, it has been a successful day.

Alex Noble (www.zaadz.com)

If I can stop one heart from breaking,
I shall not live in vain.
If I can ease one life the aching,
Or cool one pain,
Or help one fainting robin
Unto his nest again,
I shall not live in vain.

Emily Dickenson (1830-1886)

American poet



Future Soul Food Dates

August 5th 2007

September 2nd 2007

October 7th 2007

November 4th 2007

December 2nd 2007

Venue

Theatrette of the Art Gallery of W.A.
(entrance opposite Museum)
Perth Cultural Centre,
James Street, Northbridge

Time

Sundays 11.00am – 11.45am
followed by refreshments.

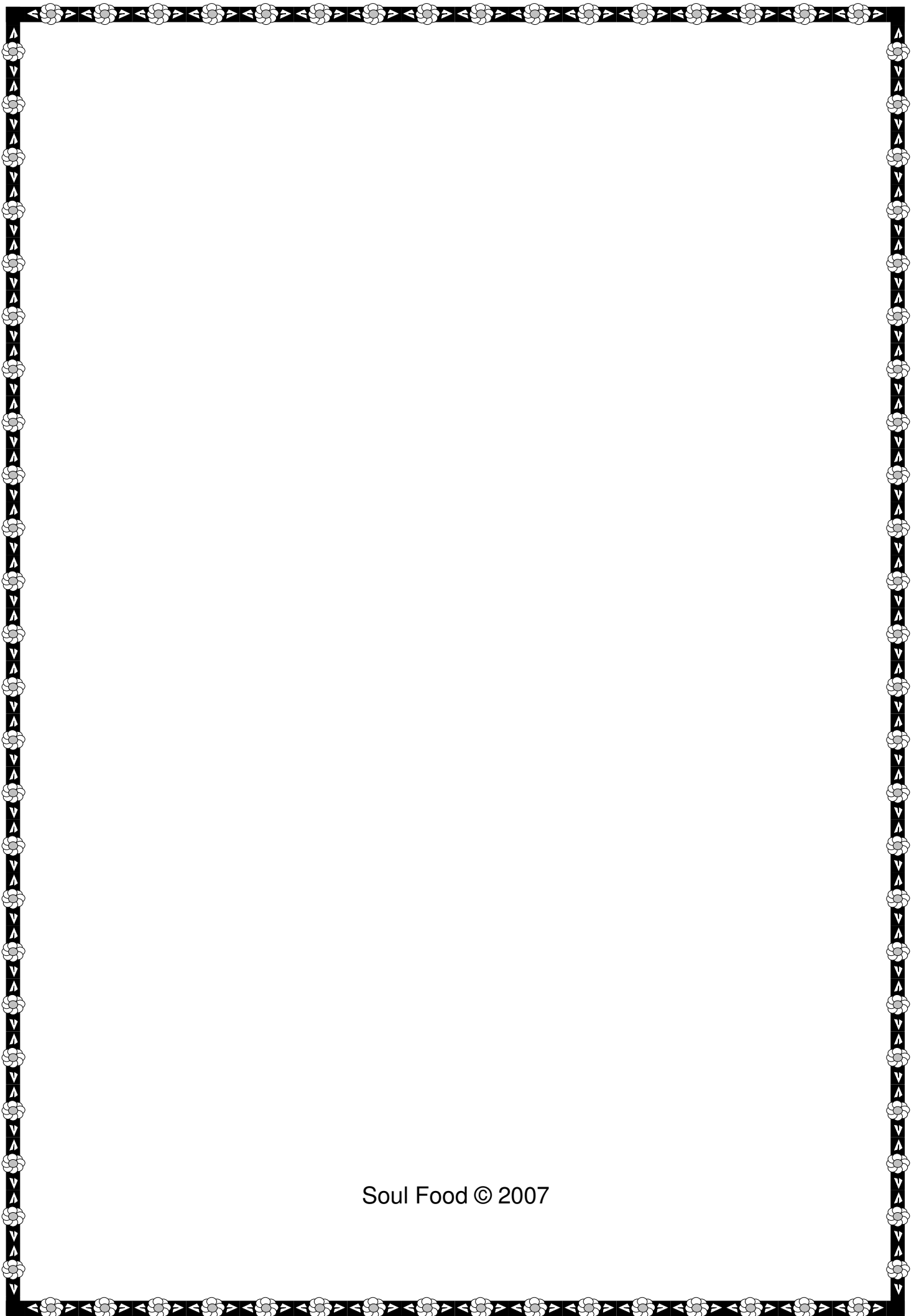
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